

# SnoreSolve™

## Impression Instructions

## SILVER

### STAGE 2 Taking Your Impressions

Having completed stage one, your customised SnoreSolve tray is now ready for the impression (Fig 4). We have supplied enough impression material to do a second set of impressions in case you make a mistake with the first set of impressions.

7. Take one pot of green putty and one pot of white putty and knead them together until they form a putty of one uniform colour. To prevent premature setting, this stage should be completed within 30 seconds.

8. Quickly split the uniformed coloured putty into 2 equal amounts and roll into two sausage shapes and place in top and bottom channels of the SnoreSolve tray. (Fig 5)

9. Immediately put the tray with putty material into your mouth and locate it in place by biting hard into the putty, and closing the teeth together, bringing your lower jaw into a forward position.

10. Close lips together and keep mouth shut for 2-3 minutes (no extra biting pressure is required).

11. Remove carefully from mouth, rinse well with water and leave to dry naturally. (Fig 6)

The completed impression is now ready for us to Custom Make your SnoreSolve Silver.

12. Place the impression in the Plastic box then place it in the postage bag together with the completed ORDER FORM and post it to us. You are advised to take the box to your local post office and send it via recorded mail to ensure safe delivery to us.

13. Your Custom-Made SnoreSolve Silver will be returned to you normally 28 days after receipt of your impression.

*The impression putty is a commonly used high grade dental impression material. Full Data Sheets are available on request.*

