

For further information or
to arrange for your Stardust II
sleep study, please call
sasa on

0870 720 8988

or visit our website

www.osaonline.com



You are being referred
for a sleep study in order
to diagnose if you suffer from
Obstructive Sleep Apnoea
(OSA) *a serious condition*
if left untreated...



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 **Solutions4Snoring**

Solutions4Snoring Ltd
Brunel House, Heather Lane,
Hathersage, Hope Valley,
Derbyshire S32 1DP
t 0870 720 2190
f 0870 720 2190
w www.solutions4snoring.com
e info@solutions4snoring.com



Transport Safety Group,
Respironics (UK) Limited,
Health Place, Bognor Regis,
West Sussex PO22 9GL
t 0870 720 8988
f 0870 770 3601
w www.osaonline.com
e osa@respironics.com

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Sleepiness is a killer.

Approximately 770,000 people in the UK suffer from excessive daytime sleepiness. Obstructive Sleep Apnoea (OSA) is one of the most common causes.

Every night many of us stop breathing in our sleep and for some this can happen many times a night. Every time we stop breathing, known as an 'Apnoea', our brain instructs our body to awaken.

Most OSA victims have no memory of this all-night life-and-death struggle for breath. OSA robs it's sufferers of restful sleep leaving them feeling 'dog tired' - sleepy and exhausted - during the day.

Many people including drivers have OSA and don't realise it. Sleep apnoea is more common in middle aged men (30-65 years), though it can occur in all age groups. It affects an estimated 4% of males and 2% of females in the UK.

OSA is a killer if left untreated

As well as feeling drowsy, this serious medical condition can cause: reduced quality of life, high blood pressure, heart disease, heart attacks and strokes.

34% of drivers who drove more than 20,000 miles a year admitted they had fallen asleep at the wheel during the previous 12 months (source: RAC).

OSA is a global issue

A US government study suggests that 31% of truck accidents in which the driver was killed were due to sleepiness.

The study process is simplicity itself...

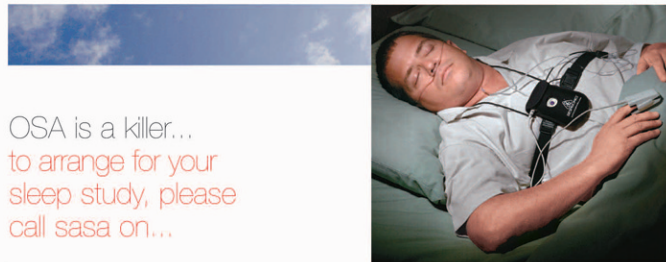
The Stardust II recorder is a small lightweight diagnostic sleep recorder. This enables you to conduct a sleep study from the comfort of your own home and at your convenience.

The Stardust II plays a very important part in the diagnosis of a Sleep Disorder. The data retrieved from the Star Dust provides the clinician with vital information to ensure correct and accurate diagnosis. This Stardust II uses sensors to record oxygen saturation, pulse rate, respiratory effort measurements along with airflow and body position.

- We will despatch the Stardust II to your home or office, for you to use overnight.
- We will then arrange collection and ensure the data is downloaded and the diagnosis process will start immediately.
- We will inform you of the outcome within 10 days from receipt of the Stardust II.

The study process is simplicity itself...

The sleep study comprises of a questionnaire for you and your bed partner, and an overnight sleep study with the Stardust II.



OSA is a killer...
to arrange for your
sleep study, please
call sasa on...



This costs £190 + VAT and includes all delivery charges and the analysis of the Stardust II information to provide you with a diagnosis.
Please note that in some instances this may be VAT-free.

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